

**MEDICAL EXAMINATION – To Be Filled Out By A Licensed Physician And Returned To:
TCDC. P.O BOX 1476, HIXSON, TN 37343.**

Campers Name _____ **Campers Date of Birth** _____

This examination should be performed within 12 months of arrival at camp. Examination for some other purpose within this period is acceptable. Examination is for determining fitness to engage in strenuous activities.

Code: √ = Satisfactory X = Not Satisfactory (explain) 0 = Not Examined

PLEASE CIRCLE THE APPROPRIATE CODE AND DESCRIBE ABNORMAL FINDINGS

Eyes	√ X 0	Lungs	√ X 0
Glasses/contacts	√ X 0	Abdomen	√ X 0
Ears	√ X 0	Extremities	√ X 0
Nose	√ X 0	Spine	√ X 0
Teeth	√ X 0	Skin	√ X 0
Throat	√ X 0	Allergy	√ X 0
Heart	√ X 0	Pubertal?	_____ Yes _____ No

Approximate average blood glucose level? _____ GlycoHgb _____ HgbA1c _____

Insulin injection sites? _____

If necessary to remove from a pump, or pump failure, what would your insulin preference be ? _____

What problems, if any, has this patient been having with the management of his/her diabetes?

Other medical history: _____

Recommendations and/or restrictions while in camp: _____

Describe any known PSYCHOLOGICAL problems, disorders or admissions. Please note any emotional stresses which might impact patient's behavior at camp:

General Appraisal: _____

I UNDERSTAND THAT I AM BEING ASKED TO CERTIFY THAT THE PERSON HEREIN DESCRIBED HAS NO CONTRAINDICATION, WHETHER PHYSICAL, EMOTIONAL, OR MENTAL, FOR PARTICIPATION IN CAMP ACTIVITIES. I CERTIFY THAT, UPON EXAMINATION OF THE PERSON HEREIN DESCRIBED, AND A REVIEW OF HIS/HER HEALTH HISTORY, NO PHYSICAL, EMOTIONAL, OR MENTAL CONTRAINDICATION EXISTS, IN MY OPINION, WHICH WOULD PREVENT SUCH PERSON FROM BEING ABLE TO ENGAGE IN CAMP ACTIVITIES, EXCEPT AS SPECIFICALLY NOTED ON THIS FORM.

PHYSICIAN'S SIGNATURE _____

Printed Name _____

Date of Examination _____

Address: _____

City _____, _____ Zip Code _____

Telephone Number (_____) _____

Fax Number (_____) _____